

# ZINC SUPREME



Essential Daily  
Supplement

## COMPOSITION PER TABLET

Zinc Gluconate 34.4mg Equivalent to 4.5mg  
Elemental Zinc

Zinc Lactate 86mg Equivalent to 20.5mg Elemental Zinc  
(25mg Total Elemental Zinc Per Tablet)

Selenium AAC 2%, 3mg (Equivalent to 60ug Elemental Selenium)

120 tablets  
in a  
securitainer.

For Colds  
and Flu

Immune  
System  
Support



## **INDICATIONS**

Indicated as a health supplement to promote good health.  
Contributes to the normal function of the immune system.

## **WARNINGS**

Do not use if you are hypersensitive to any of the ingredients. Do not use for long term without consulting your doctor or pharmacist. If you are using this supplement in conjunction with other medication or supplements consult your doctor or pharmacist before use.

## **INTERACTIONS**

Consult your doctor or pharmacist before use to find out if any medication you are currently taking may interact with any of the ingredients in this supplement.

## **PREGNANCY AND LACTATION**

Pregnant and breastfeeding woman should consult a doctor or pharmacist before use.

## **DOSAGE AND DIRECTIONS FOR USE**

Take one tablet daily or as directed by your doctor or pharmacist. This medicine has not been evaluated by the South African Health Products Regulatory Authority. This medicine is not intended to diagnose, treat, cure or prevent any disease.

## **SIDE EFFECTS**

Possible side effects may include but are not limited to gastrointestinal disorders such as nausea and vomiting. Should your general health worsen while taking this health supplement, please consult your doctor or pharmacist immediately.

## **SPECIAL PRECAUTIONS**

Always consult your doctor or pharmacist before use.

## **KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS' OF ITS TREATMENT**

In the event of overdose please contact your healthcare professional immediately.

## **IDENTIFICATION**

Off White Tablet.